

Special Issue: 2026 Month of the Military Child Highlights

Purple Up! Recap

Thank you for Purpling Up! for Military Kids in April to celebrate Month of the Military Child. We enjoyed seeing your events and activities on social media. Check out highlights from each state celebrating the Month of the Military Child.



[MOMC Recap Video](#)

Article from Bloom Teen Katie S.



"We are military kids. We are resilient."

You may view these two phrases as practically interchangeable; after all, we military children are often perceived as the embodiment of resilience. But how do these statements resonate with military teens themselves?

With more experience moving, doing so should seemingly come more naturally. However, contrary to what most would expect, the opposite has been true for me due to my increasing awareness of the losses that come with each move, especially during my critical high school years.

Despite my 16 years of experience with constantly moving and adapting, the most recent PCS my family and I made last summer was the most challenging one in my whole life. Logically, this transition should have been one of the easiest: a mere three-hour drive relocation within the same state.

Nevertheless, these facts did little to comfort me, as I watched other people my age finally finding their niches in their communities while I had to start all over again.

I struggled adapting to my new high school's overwhelmingly rigorous standards and highly competitive academic environment, which I was not in the slightest accustomed to. These abrupt changes in expectations of me as a student put significant pressure on me to desperately work to match this unfamiliar academic pace, while already having to work harder than my peers to figure out things as simple as finding my way to my next class.

Despite the pressure schools may put on us military children for rarely fitting their standardized paths, there is one thing 16 years of being a military teen have taught me better than any schoolwork ever could: resilience. The hardships I face as a military teen navigating through life, including struggling with PCS changes, allow me to nurture my continuous determination to persevere. After all, apart from adversity in life, resilience cannot exist. To me, resilience means refusing to surrender to my circumstances, however difficult they may be, and continuing to move forward no matter what tomorrow may bring.

So today, I can confidently say that I am a military kid. I am resilient.

-Katie S

Blog Writer for Bloom, a program of the National Military Family Association

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